

Date	Daily Prayer	More ...
Day 1 Fri 22 May	Almighty and eternal God, who has vouchsafed to regenerate us by water and the Holy Spirit, and has given us forgiveness of all sins, vouchsafe to send from heaven on us your sevenfold Spirit, the Spirit of Wisdom and Understanding , the Spirit of Counsel and Fortitude , Spirit of Knowledge and Piety , and fill us with the Spirit of Holy Fear . Amen	St. Rita of Cascia, Italy Patroness of impossible causes, can help us with perseverance of prayer through the hardship of Coronavirus
Day 2 Sat 23 May	Come, O blessed Spirit of Holy Fear , penetrate my inmost heart, that I may set you, my Lord and God, before my face forever. Help me to shun all things that can offend You, and make me worthy to appear before the pure eyes of Your Divine Majesty in Heaven, where You live and reign in the unity of the ever Blessed Trinity, God, world without end. Amen	"We have hope in the Lord Jesus, alive in us by the power of the Holy Spirit." (Archbishop John Wilson)
Day 3 Sun 24 May	Come, O Blessed Spirit of Piety , possess my heart. Enkindle therein such a love for God, that I may find satisfaction only in His service, and for His sake lovingly submit to all legitimate authority. Amen	Today, is the end of Mental Health Awareness Week, we pray for all those troubled in mind
Day 4 Mon 25 May	Come, O Blessed Spirit of Fortitude , uphold my soul in time of trouble and adversity, sustain my efforts after holiness, strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome and separated from Thee, my God and greatest Good. Amen	Saints: Damien of Molokai & Edmund the Martyr, ministered to lepers and those affected by infections.
Day 5 Tue 26 May	Come, O Blessed Spirit of Knowledge , and grant that I may perceive the will of the Father; show me the nothingness of earthly things, that I may realize their vanity and use them only for Thy glory and my own salvation, looking ever beyond them to Thee, and Thy eternal rewards. Amen	St. Bede the Venerable, of England, most learned, using his gift to glorify God.
Day 6 Wed 27 May	Come, O Spirit of Understanding , and enlighten our minds, that we may know and believe all the mysteries of salvation; and may merit at last to see the eternal light in Thy Light; and in the light of glory to have a clear vision of Thee and the Father and the Son. Amen .	"Walk in the Light of the Lord". Pray twice singalong: https://www.youtube.com/watch?v=cYfzIB8rqNk
Day 7 Thu 28 May	Come, O Spirit of Counsel , help and guide me in all my ways, that I may always do Thy holy will. Incline my heart to that which is good; turn it away from all that is evil, and direct me by the straight path of Thy commandments to that goal of eternal life for which I long. Amen	Pray for all involved in the Coronavirus combat effort, for their works and ways to be guided by the Holy Spirit.
Day 8 Fri 29 th May	Come, O Spirit of Wisdom , and reveal to my soul the mysteries of heavenly things, their exceeding greatness, power and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Help me to attain them and possess them for ever. Amen	In this Marian month we ask Our Lady Undoer of Knots, to ask the Divine Wisdom to undo the knarl of problems produced by Coronavirus
Day 9 Sat 30 th May	Come, O Divine Spirit, fill my heart with Thy heavenly fruits, Thy charity, joy, peace, patience, benignity, goodness, faith, mildness, and temperance, that I may never weary in the service of God, but by continued faithful submission to Thy inspiration may merit to be united eternally with Thee in the love of the Father and the Son. Amen	"Salvation is an encounter with Jesus who loves and forgives us by sending the Spirit who comforts us." (Pope Francis)
Suggested ending	After each day prayer and both daily prayers, perhaps end by saying one Our Father, Hail Mary and Glory or other variation, as you choose, asking the Holy Spirit to grant your request in accordance with God's Will.	Pentecost Sunday 31st May

Come Holy Spirit



Novena to the Holy Spirit in preparation for Pentecost Sunday

Prayer of Consecration to the Holy Spirit



SAY EVERYDAY DURING THE NOVENA PERIOD

On my knees before the great multitude of heavenly witnesses, I offer myself, soul and body to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice, and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light, and listen to Your voice, and follow Your gracious inspirations. I cling to You and give myself to You and ask You, by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds, and trusting in His Precious Blood and adoring His opened Side and stricken Heart, I implore You, Adorable Spirit, Helper of my infirmity, to keep me in Your grace that I may never sin against You. Give me grace, O Holy Spirit, Spirit of the Father and the Son to say to You always and everywhere, "Speak Lord for Your servant is listening." **Amen.**

Prayer for the Holy Spirit's Seven gifts

GIFTS OF THE HOLY SPIRIT

WISDOM

To value the things of God

UNDERSTANDING

To grasp faith's mysteries

COUNSEL

To make wise decisions

FORTITUDE

To strengthen your will

KNOWLEDGE

To enlighten your mind

PIETY

To love and serve God

FEAR OF THE LORD

To respect God's majesty



SAY EVERYDAY
DURING THE
NOVENA PERIOD

Blessed Spirit of **Wisdom**, Help me to seek God. Make Him the center of my life and order my life to Him, so that love and harmony may reign in my soul. Blessed Spirit of **Understanding**, enlighten my mind, that I may know and love the truths of faith and make them truly my own. Blessed Spirit of **Right Judgment/Counsel**, enlighten and guide me in all my ways, that I may know and do Your holy Will. Make me prudent and courageous. Blessed Spirit of **Courage/Fortitude**, uphold my soul in every time of trouble or adversity. Make me loyal and confident. Blessed Spirit of **Knowledge**, help me to know good from evil. Teach me to do what is right in the sight of God. Give me clear vision and firmness in decision. Blessed Spirit of **Piety**, possess my heart, incline it to a true faith in You, to a holy love of You, my God, that with my whole soul I may seek You, Who are my Father, and I find You, my best, my truest joy. Blessed Spirit of **Reverence/Fear of the Lord**, penetrate my inmost heart that I may be mindful of Your presence. Make me fly from sin, and give me intense reverence for God and for my fellow men who are made in God's image. **Come Holy Spirit**, Creator blest! And in our souls take up Your rest; Come with Your grace and heavenly aid, to fill the hearts which you have made. Far from us, drive the foe we dread, And grant us Your true peace instead. So shall we not, with You for Guide, Turn from the path of life aside. Oh, may Your grace on us bestow, The Father and the Son to know; And You through endless times confessed, Of both the eternal Spirit blest. Now to the Father and the Son, Who rose from death, be glory given, With you, O holy Comforter, Henceforth by all in earth and heaven. **Amen**.

Litany to the Holy Spirit

<p>God the Father in Heaven God the Son, Redeemer of the World God the Holy Spirit Holy Trinity, One God</p>		Bless us
<p>Holy Spirit, equal to the Father and the Son Holy Spirit, promise of the Father Holy Spirit, gift of God Holy Spirit, who renews the face of the earth Holy Spirit, who descended upon Jesus in the form of a dove Holy Spirit, who came upon Mother Mary Holy Spirit, who came upon the disciples at Pentecost and strengthened them</p>		Come and fill us
<p>Holy Spirit, who filled the early Christian community Holy Spirit, who performs miracles and wonders Holy Spirit, who teaches us to be witnesses for Christ Holy Spirit, who sanctifies us with the Word of God Holy Spirit, who dwells within the Church at all times Holy Spirit, who strengthens us through the Sacraments</p>		Lead us
<p>Holy Spirit, who teaches us to pray</p>		

<p>Holy Spirit, who gives us the strength to overcome temptations Holy Spirit, who makes us aware of sin Holy Spirit, who makes us aware of righteousness Holy Spirit, who teaches us about judgement Holy Spirit, who leads us into perfection of truth Holy Spirit, who gives us life in abundance Spirit of Wisdom Divine Light of Intellect Source of Prudence He who spreads the rays of spiritual strength Light of Knowledge Life-force of Devotion of the fear of God</p>			Lead us
<p>Spirit of Faith Spirit of Hope Spirit of Love Spirit of Joy Spirit of Peace Spirit of Humility Spirit of Gentleness Spirit of Forgiveness Spirit of Self-Control Spirit of Goodness Spirit of Mercy Spirit of Unity Spirit of Holiness Spirit of Faithfulness</p>	Sanctify us	<p>Spirit of the Children of God Protector of the Church Source of Divine Grace Comforter amidst sufferings Eternal Light Wellspring of Life Spiritual Unction Joy of Angels Inspirer of Prophets Teacher of the Apostles Source of strength of Martyrs Delight of all Saints</p>	Sanctify us

O Holy Spirit, the Merciful, **have mercy on us**

O Holy Spirit, the Merciful, **hear our prayer**

O Holy Spirit, the Merciful, **bless us**

Litany concluding prayer

O Holy Spirit... Giver of every good and perfect gift, grant me, I beseech you, the intentions of this novena. May your will be done in me and through me. May you be praised and glorified forevermore. **Amen** (EWTN)

"...Jesus promised...the power of the Holy Spirit...they returned to Jerusalem with great joy...the fullness of consolation and presence of the Lord. It is an overflowing joy [only experienced because] it is a fruit and gift of the Holy Spirit...it is a grace....the only force that enables us to preach the Gospel...confess our Faith,...and bear witness to the joy that the Lord gives..."
(The Holy Father, Pope Francis, 21 May 2020, Message; Pontifical Missionary Societies)