

The Joyful Mysteries

Said on Mondays and Saturdays, the Sundays of Advent, and Sundays from Epiphany until Lent

- I. The Annunciation (Humility)
- II. The Visitation (Fraternal Charity)
- III. The Nativity (Love of God)
- IV. The Presentation (Spirit of sacrifice)
- V. Finding in the Temple (Zeal)

The Luminous Mysteries (Mysteries of Light)

Said on Thursdays

- I. The Baptism of the Lord (Sacrament of Baptism)
- II. The Wedding of Cana (Fidelity)
- III. The Proclamation of the Kingdom (Desire for Holiness)
- IV. The Transfiguration (Spiritual Courage)
- V. The Institution of the Eucharist (Love of Our Eucharistic Lord)

The Sorrowful Mysteries

Said on Tuesdays, Fridays throughout the year; and daily from Ash Wednesday until Easter Sunday

- I. Agony in the Garden (True Repentance)
- II. Scourging at the Pillar (Mortification)
- III. Crowning with Thorns (Moral Courage)
- IV. Carrying the Cross (Patience)
- V. The Crucifixion (Final Perseverance)

The Glorious Mysteries

Said on Wednesdays and the Sundays from Easter until Advent

- I. The Resurrection (Faith)
- II. The Ascension (Hope)
- III. The Descent of the Holy Spirit (Zeal)
- IV. The Assumption (Happy Death)
- V. The Coronation of B.V.M. (Love for Mary)

1. Make the Sign of the Cross and say the 'Apostles' Creed.'
2. Say the 'Our Father.'
3. Say three 'Hail Marys' while meditating on the virtues of faith, hope and love.
4. Say the 'Glory be to the Father.'
5. Announce the First Mystery; then say the 'Our Father.'
6. Say ten 'Hail Marys,' while meditating on the Mystery.
7. Say the 'Glory be to the Father.'
8. Announce the Second Mystery; then say the 'Our Father. Repeat 6 and 7 and continue with Third, Fourth and Fifth Mysteries in the same manner.