



CHILDREN & YOUNG PEOPLE: Croydon provision, support & sign-post for mental health, problems, concerns

USEFUL TEL NO.	Contacts		Other info
Crimestoppers	0800 555 111	Crime reporting (anonymous)	
Croydon Police station	(020) 8649 0015	Central Croydon	
Croydon University Hospital	(020) 8401 3000	Hospital switchboard	
Emergency services	999	Police, Ambulance, Fire	
NHS (non-emergency)	111	Medical/out of hours	
Non-emergency	101	Police	
South Croydon pharmacy	(020) 8688 5544	Extended opening time to 10pm	
TELEPHONE HELPLINES			
<p>Childline</p> 	<p>0800 11 11</p> <p>https://www.childline.org.uk/</p> <p>online message boards</p>	<p>https://www.childline.org.uk/</p>	<p>24/7</p>
<p>Papyrus</p> 	<p>0800 068 4141</p> <p>07860 039 967</p> <p>pat@papyrus-uk.org</p>	<p>https://www.papyrus-uk.org/</p>	<p>24/7</p> <p>Hopelineuk</p>

OTHER SUPPORTS

Mind in Croydon



Mental Health Information Directory

[Home](#) [Service Search](#) [Factsheets](#) [Organisations A-Z](#) [★ Favourites](#)

Service Search Local Greater London National

Welcome to the Mind in Croydon Guide to Mental Health Service's directory

We hope you find the database helpful and easy to use. It contains a wide range of mental health information. The database is designed to make accessing information as straightforward as possible. Services provided both in the statutory and voluntary sectors are constantly changing and it is hoped that this electronic version will bring people up to date with some of those changes.

Information can also be obtained by clicking 'Factsheets'. This will display a list of different information & fact sheets. Select a document by title to view information where available.

If you wish to make a comment, add your service or submit an amendment please email admin@mindincroydon.org.uk

- Abuse
- Advice & Information
- Diagnosed Problems and Conditions
- Education & Voluntary
- Housing Needs
- Older People Services
- Other Organisations
- Parental Help & Advice
- Psychiatric services
- Support
- Therapies
- Transport
- Women's Services
- Young People Services
- Your Rights

(020) 8668 2210

[Mind in Croydon Mental Health Directory - Home](#)

Young people service

Young Minds



[YoungMinds | Mental Health Charity For Children And Young People | YoungMinds](#)

ANTI-BULLYING



<https://anti-bullyingalliance.org.uk/>

<p>Croydon Drop In Counselling, Advocacy and Health Support for Young People</p>	<p>(020) 8680 0404 enquiries@croydondropin.org.uk</p>	<p>www.croydondropin.org.uk/ 132 Church Street , Croydon , Surrey, CR0 1RF Opening times: Mon: 12pm-7pm, Tue-Thu: 4pm-8pm, Fri: 12pm-7pm Appointment Only, Sat:10am-1pm Appointment Only</p>	
<p>Croydon Youth Assembly Youth voice: Croydon Youth Assembly (CYA)</p>		<p>https://www.croydon.gov.uk/young-croydon/youth-voice-croydon-youth-assembly-cya</p>	
<p>CAMPAIGNS/INITIATIVES</p>			
<p>Anger management</p>		<p>https://www.youngminds.org.uk/young-person/my-feelings/anger/s</p>	
<p>Combatting gangs, violence & county lines</p>		<p>https://nationalgangcrime.co.uk/</p>	
<p>Croydon resource</p>	<p>020 8681 8244 info@livesnotknives.org</p>	<p>https://www.livesnotknives.org/</p>	
<p>Stop knife crime</p>		<p>https://benkinsella.org.uk/</p>	
<p>Youth crime prevention</p>		<p>https://www.gov.uk/youth-crime-prevention-programmes</p>	

National Health Service



South West London Integrated Care Board, NHS,
covers Croydon

[How to get mental health support – children and young people - NHS \(www.nhs.uk\)](https://www.nhs.uk)

<https://www.england.nhs.uk/>

<https://www.southwestlondon.icb.nhs.uk/>

Other suggestions/comments

Notes:

✓ Most facilities offer confidential responses – but note if there is danger/harm risk, listeners have a duty to escalate & share with authorities in order to protect and or prevent.

When calling or using any contacts, links or e-mails, please do be patient and nice. Call handlers, helpers, volunteers etc, will do their best to help.

✓ Do not despair – help is there

- Build safe, positive, respectful contacts & friendships with your peers
- Church, Catechists, saying your prayers and keep going to Mass, will all help
- Drop the knife & save a life – join anti-knife efforts
- Family GP/seeking referral into children & young people mental health services
- Family/friend supports as deemed appropriate
- Other mental health charities for further sign-posting
- Parish web site for added resources : [SAINT MARY'S – Our Lady of Reparation \(saint-mary.org.uk\)](https://www.saint-mary.org.uk)
- Pray for the peaceful rest of Elianne Andam, killed on 27 Sep 2023
- School counsellor/pastoral support/school nurse, teacher, youth counsellor
- Seek support as a concerned party or the person experiencing the crisis
- St. Dymphna – patron saint of mental health

