

## **NINE DAY NOVENA TO OUR LADY OF GOOD HEALTH, VAILANKANNI**

### **1.NOVENA PRAYER**

O Most Holy Virgin! You were chosen by the most Adorable Trinity from all eternity to be the most pure Mother of Jesus. Permit me your humble and devoted Client, to remind you of the joy you received at the instance of the most Sacred Incarnation of our Divine Lord, and during the nine months you carried him in your chaste womb. I wish most sincerely that I could renew, or even increase that joy by the fervour of my prayers.

O Tender Mother of the afflicted! grant me in my present necessities that special protection you have promised to those who devoutly commemorate this ineffable joy. Relying on the infinite mercies of your Divine Son, trusting that those who ask should receive and penetrated with confidence in your powerful prayers, I most humbly entreat you to intercede for me. I beg you to obtain for me the favours which I petition for in this novena, if it be the Holy Will of God to grant them; and if not, to ask for me whatever graces I most stand in need of.

(Make Your Request)

I desire by this Novena which I now offer in your honour, to prove the lively confidence I have in your intercession. Accept it I beseech you, in honour of that supernatural love and joy, with which your Immaculate Heart replenished during the abode of your Divine Son in your womb, in veneration of which, I offer you the sentiments of my heart.

(Repeat the Hail Mary nine times)

O Mother of God, accept these salutations in union with the respect and veneration with which the Angel Gabriel first Hailed you “Full of Grace” I wish most sincerely that they may become so many gems in the crown of your accidental glory, which will increase in brightness to the end of the world.

I beseech you, O Comfortress of the Afflicted, by the joy you received, when the Word was made flesh, to obtain for me the favours and graces which I have now implored through your powerful Intercession. For this end I offer you all the good works which have ever been performed in your honour. I most humbly entreat you, for the love of the amiable Heart of Jesus, with which yours was ever so inflamed, to hear my humble prayers and obtain my requests.

Amen.

## **II. INTENTION**

### **FIRST DAY**

O Immaculate Virgin! God's Sublime Creation! The Almighty has done great things in you. As He gathered all waters in the sea at the time of creation. He has enriched you with His richness of grace and beauty. O renowned Fame of the Human Race! Supreme Beauty of the Earth! Holy Temple of God! Garden of the Blessed Trinity, we Praise you.

We pray to you, Dear Mother of Health, to intercede for the Church, for the Holy Father and all men of good will. Protect all your Children and obtain for them Health of Soul and Body.

Holy Mother, save the youth from the danger of falling into the darkness of sin and guide them along the path of purity. Preserve the virgins in their chastity; protect the bond of love in every family.

Indeed, you are the model to the parents; protector of the widows, shelter of the broken-hearted, treasure for the needy and health of the sick. We beg you to obtain for us the grace and love of God so that we may remain faithful children of God.

### **SECOND DAY**

Our dear Mother, you are the splendour of the race of David, the gem among the Jewish women. We admire your beauty. You were born Immaculate to destroy the kingdom of satan. You brought forth Christ, the Divine Light to remove the darkness of sin from the world.

O Virgin undefiled, and Mother most amiable, we have recourse to you with full confidence. Our hearts are delighted as we utter your sweet name Mary our Mother; grant us health of mind and body and lead us in the path of light and holiness. Amen.

### **THIRD DAY**

Hail, Mother of our love! You are our model of holy life. Renouncing all earthly affection, you consecrated yourself to God and spent your days in prayer in His temple. But we who have been consecrated through baptism have not been faithful to our baptismal promise. Often, we failed and become unfaithful Children. We sought after the worldly amusements. We offended our Divine Redeemer by our sins.

Immaculate Mother who brought the Divine Mercy to us sinners, we regret for all our sins and beg through you for God's mercy and pardon. Stretch out your loving arms towards us, that we may drink the living water of Christ within your Embrace. Amen.

## **FOURTH DAY**

O Mother of Health, we are proud of you, being the Mother of our Lord, Jesus Christ. We praise you in great joy of our heart. We meditate with devotion on the glad tidings, the Angel Gabriel brought to you.

Hail Mary, full of grace! you have been raised to the dignity of the Mother of God by your submission. The God of grace assumed our human nature and lived in your blessed womb. You are blessed among women.

We pray to you that we may bear in us our loving God and be filled with His grace. Help us that we may be humble and chaste to resemble you, and be enriched with the Gifts of the Holy Spirit.

We ardently desire to be united with our God through the fruitful reception of the Sacraments. Oh, Our Heavenly Mother, we call you Blessed and entreat you to bless us all with your loving arms which embraced our Divine Master. Amen.

## **FIFTH DAY**

O spotless Virgin Mother of Health our heavenly Benefactress, Hail! Elizabeth received many favours for herself and for her family during your stay at her home. Choosing Vailankanni as the place of your throne, you bless and obtain numerous favours for all those who seek your help; the blind obtain their sight, the dumb speak, the lame walk; the sick with no other hope of cure, our cured by you.

Merciful Mother, we thank you for your favours shown to our brethren in need, and through you we adore and glorify your Almighty Son, Our Lord Jesus Christ. We pray to intercede for us in all our needs as your motherly heart knows them. Obtain God's mercy for those who offended Him, and convert such hardened sinners to become his true friends. Amen.

## **SIXTH DAY**

O Immaculate Mother, who can ever describe your renowned fame? The God of Heaven came to this Earth through you. Bearing Jesus in you, you gave Him your whole self to form His human body. Virgin Mother of God, we praise you and pay our homage to you.

You, who reside in Heaven with your Divine Son, are our sweetness; you, who radiate the light of the Eternal Light, are our guide; we pray you to teach us to love your Divine Son more and more. We acknowledge Him to be our King, and you to be our Queen, He is our Mediator between the Heavenly Father and the human race; You are the Mediatrix between our Lord and us, the poor sinners. Jesus is the Way and you are its Entrance.

O Fair Flower of the race of David, through you our Creator became our Redeemer; the God of all present was carried in your Blessed Womb; the God who feeds all, was fed by you, most noble Mother, all generations call you Blessed. We pray to you to show your Motherly love towards us, your poor children, and to lead us to eternal salvation. Amen.

## **SEVENTH DAY**

O Merciful Mother of Dolours, you suffered with your Divine Son for our sake. We grieve for all our sins and offer our sufferings in union with you, so that we may obtain God's mercy. We pray to you to remove from our hearts all sinful affections and inclinations, and to inflame within our souls the ever glowing love for God.

Our loving Mother most pure! defend us from all dangers both of soul and body. Like the bird that escapes in the air at the sight of a hunter, and like the deer that hides in its shelter at the sight of a tiger, we have our recourse to your most Immaculate Heart, where we are sure to be safe. Holy Mother, lead us all safe till we reach our Eternal Life, where we will praise God in union with you for ever and ever. Amen.

## **EIGHTH DAY**

Hail, Holy Temple of God and seat of wisdom. The Ark of the Covenant was made of cedar and covered with gold. God has adorned you with all graces and immortality.

Virgin Mother conceived without original sin, pray for us your poor children that we may also assume your glorious body at the time of our resurrection. Make eternal light enlighten our darkened ways, so that we may wake up and reach safely our destination.

We are your children, entrusted to your Motherly care by your Divine Son, while He was on the Cross. Our dearest Mother protect us, obtain for us all that we need for our soul, and preserve us all in good health. Amen.

## **NINTH DAY**

Our Mother of Health, Vailankanni, we proclaim your glory and call the whole creation with all the creatures to join in our song of rejoicing.

All God's creatures and Creation bless and praise our Mother of Health, our Heavenly Queen. Angels of God bless and praise our Lady of Health, the Queen of all Angels. All that are above praise the Queen of all things. All saints in Heaven bless and praise our Lady of Health. Sun and moon, praise our Heavenly Queen; stars that shine above, praise our Mother of Health; rain and snow praise our Heavenly Queen; Heat and cold, praise our Lady of Health; mountains and valleys, praise our Heavenly Queen, light and darkness praise our Mother of Health; clouds and lightning praise our Heavenly Queen. All plants and trees that grow on earth praise our Mother of Health. Storms, springs and rivers praise our Heavenly Queen; sea and all that live therein praise our Mother of Health. Birds and all animals on the earth praise our Heavenly Queen.

Accept our praises and those of the whole creation; we pray to you our Mother of Health, to bless us all with health of soul and body. Obtain all graces we need to be holy and make us pleasing children in the presence of God. May God's reign come on earth and may His Holy Name be praised by all men through you, Holy Mother. Amen.

### **III. LITANY OF OUR LADY OF GOOD HEALTH**

Lord, Have Mercy On Us: *Lord, Have Mercy On Us!*  
Christ, Have Mercy On Us: *Christ, Have Mercy On Us!*  
Lord, Have Mercy On Us: *Lord, Have Mercy On Us!*  
Christ, Hear Us: *Christ Graciously Hear Us!*  
God the Father of Heaven: *Have Mercy On Us!*  
God the Son, Redeemer of the World: *Have Mercy On Us!*  
God the Holy Spirit: *Have Mercy On Us!*  
Holy Trinity, One God: *Have Mercy On Us!*

RESPONSE: *Pray for Us!*

Holy Mary, Mother of Good Health

Our Lady of Good Health, predestined by God even before the creation of the World.  
Our Lady of Good Health, made known to the Angels as soon as they were created.  
Our Lady of Good Health, revealed to Adam in the Garden of Eden.  
Our Lady of Good Health, the Morning Star foretold by the prophets.  
Our Lady of Good Health, the cloud that brings rain to the world.  
Our Lady of Good Health, the vessel of goodness.  
Our Lady of Good Health, called holy before your birth by the patriarchs.  
Our Lady of Good Health, conceived without Original Sin.  
Our Lady of Good Health, who crushed the head of satan.  
Our Lady of Good Health, born of the highest family among the descendants of the sixteen kings that ruled Israel.  
Our Lady of Good Health, the child of holy Joachim and Anne.  
Our Lady of Good Health, the fruit of their prayers and good deeds.  
Our Lady of Good Health, adorned with more brightness than all the angels & saints.  
Our Lady of Good Health, who came into the world with the greatest piety.  
Our Lady of Good Health, the torch of divine grace.  
Our Lady of Good Health, who has been favoured with divine consolation in addition to divine grace.  
Our Lady of Good Health, more righteous than all the saints.  
Our Lady of Good Health, who at birth was gifted with a heavenly light.  
Our Lady of Good Health, whose birth brought joy to those in heaven.  
Our Lady of Good Health, offered up to God soon after birth.  
Our Lady of Good Health, who received sweet name, Mary.  
Our Lady of Good Health, presented in the temple at the age of three years.  
Our Lady of Good Health, who walked foremost in virginity.  
Our Lady of Good Health, who was model to all while in the temple.  
Our Lady of Good Health, who relieves the sufferings of the sick.  
Our Lady of Good Health, the unfailing help of those that trust in you.  
Our Lady of Good Health, the Heavenly Crown of all the saints.

Lamb of God, who take away the Sins of the World: *Spare Us O Lord!*

Lamb of God, who take away the Sins of the World: *Graciously Hear Us O Lord!*

Lamb of God, who take away the Sins of the World: *Have Mercy Us!*

We fly to your Patronage, O Holy Mother of God; despise not our petitions in our necessities, but deliver us from all dangers, O ever Glorious and Blessed Virgin.

V. Pray for us, O Mary conceived without original Sin.

P. That we may be made worthy of the promises of Christ.

Let Us Pray: O God, who in your unspeakable providence chose the Blessed Virgin Mary to be your own most holy mother, mercifully grant her prayers on our behalf, so that we may enjoy the happiness of heaven for all eternity. Amen.

#### **IV. TO MARY OUR MOTHER OF GOOD HEALTH**

Oh Mary! Our Mother of Good Health, and Our Heavenly Queen, seated on your Throne of Mercy and compassion at your Holy Shrine, we Praise and honour you to be our refuge and our relief. Numberless are the sick, who through you have recovered health. Relying on your power and goodness we fly to you and implore you to heal our infirmities and to obtain for us perfect health of body and soul, that we may better be able to serve you and your Divine Son. At all times, you have been the help and consolation of the infirm. You obtain for them health when it is conducive to their salvation. You assist them at the time of their death. Help us then, O Most Amiable Mother and obtain for us cure from our sufferings or patience to endure them in the Spirit of resignation agreeable to God's Holy Will, so that all our trials and sufferings may help to purify our souls and help us to detach ourselves from all earthly ties. Amen.

(3 times)

V: Our Lady of Good Health

R: Pray for Us

1 Our Father & 1 Hail Mary for the Intentions of The Holy Father

## HYMNS TO OUR LADY

### 1. BE WITH US MARY

No one can live as an island,  
Journeying through life alone.  
Since we're most loved by a mother,  
Jesus gave us His own.

*Chorus:*

*Be with us Mary, along the way,  
Guide every step we take.  
Lead us to Jesus your loving son.  
Come with us, Mary come.*

Help us, O star of the ocean,  
Be with us in our strife,  
When we are faced with temptation,  
Tossed by the storms of life.

### 2. MOTHER DEAREST, MOTHER FAIREST

Mother dearest, Mother fairest,  
Help of all, who call on thee.  
Virgin purest, brightest, rarest,  
Help us, help, we cry to thee.

*Chorus*

*Mary, help us, help we pray.  
Mary, help us, help we pray.  
Help us in all care and sorrow.  
Mary, help us, help we pray.*

Mary, help the absent loved ones.  
How we miss their presence here.  
May the hand of Thy protection  
Guide and guard them far and near.

### 3. IMMACULATE MARY

Immaculate Mary,  
Our hearts are on fire;  
That title so wondrous  
Fills all our desire!

*Chorus*

*Ave, Ave, Ave Maria!  
Ave, Ave Maria!*

We pray for God's glory,  
May His kingdom come;  
We pray for His Vicar,  
Our Father in Rome.

### 4. DAILY, DAILY, SING TO MARY

Daily, daily sing to Mary  
Sing my soul, her praises due.  
All her feasts, her actions worship,  
With the heart's devotion true.  
Lost in wondering contemplation,  
Be her majesty confessed.  
Call her Mother, call her Virgin,  
Happy Mother, Virgin blest!

All my senses, heart, affections,  
Strive to sound her glory forth.  
Spread abroad the sweet memorials  
Of the Virgin's priceless worth.  
Sing in songs of praise unending,  
Sing the world's majestic Queen.  
Weary not, nor faint in telling  
All the gifts she gives to us.

## 5 MOTHER OF GOD PLEAD WITH YOUR SON

*Chorus*

*Mother of God plead with your son  
Pray for us sinners Mary most pure*

May God pour cleansing streams over us,  
Washing our souls from every stain!

May God His Spirit breathe into us,  
Open our graves and bring us to life!

May He remove our stony heart,  
Give us a heart of flesh in its stead!

May God's salvation dawn on mankind,  
And may His Kingdom spread through the earth.

## 6 HAIL QUEEN OF HEAVEN

Hail, Queen of Heaven, the ocean Star,  
Guide of the wanderer here below,  
Thrown on life's surge, we claim thy care:  
Save us from peril and from woe.  
Mother of Christ, star of the sea,  
Pray for the wanderer, pray for me.

O gentle, chaste and spotless Maid,  
We, sinners, make our prayers through thee.

Remind thy Son that he has paid  
The price of our iniquity.  
Virgin most pure, Star of the sea:  
Pray for the sinner, pray for me (2x)

## 7 AS I KNEEL BEFORE YOU

As I kneel before You  
As I bow my head in prayer  
Take this day, make it Yours  
And fill me with Your love

*Chorus*

*Ave Maria  
Gratia plena  
Dominus tecum  
Benedicta tu*

All I have, I give You  
Every dream and wish are Yours  
Mother of Christ  
Mother of mine, present them to my Lord

As I kneel before You  
And I see Your smiling face  
Every thought, every word  
Is lost in Your embrace

## 8 HAIL MARY FULL OF GRACE

*Chorus*

*Hail Mary, full of grace and mother of our God,  
Oh pray for us, poor sinners, Hail Mary, full of grace.*

You heard the word of God, and kept it in your heart,  
Oh blessed among all women, oh Mary, pray for us.

You magnify the Lord and praise His holy name.  
Oh blessed among all women, oh Mary, pray for us.

You stood beside the cross unto the very last.  
Oh blessed among all women, oh Mary, pray for us.

Now show yourself to us as mother of all mankind.

Oh blessed among all women, oh  
Mary, pray for us.

## 9. ON THIS DAY O BEAUTIFUL MOTHER

*Chorus*

*On this day O beautiful Mother  
On this day we give thee our love  
Near the, Madonna, fondly we hover  
Trusting thy gentle care to prove*

On this day we ask to share  
Dearest Mother, thy sweet care  
Aid us ere our feet astray  
Wander from thy guiding way

Queen of angels, deign to hear  
Lisping children's humble prayer  
Young hearts gain, O Virgin pure  
Sweetly to thyself allure

## 11. O QUEEN OF THE HOLY ROSARY

O Queen of the Holy Rosary  
O bless us as we pray  
And offer thee our roses  
In garlands day by day  
While from our Father's garden  
With loving hearts of bold  
We gather to thine honour  
Buds white and red and gold

Sweet Lady of the Rosary  
White roses let us bring  
And lay them round thy footstool  
Before our Infant King  
For resting in thy bosom  
God's son was fain to be  
The child of thy obedience  
And spotless purity

## 10. LET US MINGLE TOGETHER

*Chorus*

*Let us mingle together, voices joyful and gay  
Singing hymns to our Mother  
'tis her beautiful day*

Bring the choicest of flowers  
Search the woodland and grove  
Wreath a crown for Our Lady  
As a pledge of our love

What are fast fading roses  
All the lilies that grow  
Nothing worthy of Mary  
Has the world to bestow  
Mary asks for a treasure  
One that each can impart  
Hear and grant her petition  
"Sinner, give me thy heart"

## 12. HAIL, HOLY QUEEN ENTHRONED ABOVE, O MARIA

Hail, holy Queen enthroned above, O  
Maria  
Hail, Queen of mercy and of love, O Maria

*Chorus*

*Triumph, all ye cherubim, Sing with us, ye  
seraphim,  
Heaven and earth resound the hymn:  
Salve, salve, salve, Regina!*

Our live, our sweetness, here below, O  
Maria!  
Our hope in sorrow and in woe, O Maria!

To thee we cry poor sons of Eve, O Maria  
To thee we sigh, we mourn, we grieve, O  
Maria!